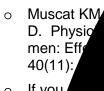## COURSE OBJECTIVES

By the end of this course students will have developed an understanding of the fundamentals of exercise physiology, with a specific focus on the integrative nature of the human body's response to exercise. Students will have developed an understanding of the practical components involved in exercise physiology research, and will have developed their capacity to analyze and interpret the results of exercise physiology experiments and peer-reviewed publications. Students will also have developed their scientific reading, writing, and presentation skills.

LABORATORY SCHEDULE				
Topic	**Date**	**Data Available**	**Optional Due Date** (with TA feedback)	**Final Due Date** (no feedback)
Laboratory 1: The Wingate anaerobic cycling test	Sep. 17	Sep. 21	Sep. 28	Oct. 5
Laboratory 2: Blood pressure regulation during exercise	Oct. 8	Oct. 14	Oct. 21	Oct. 28

- o <u>Table and Figures:</u> Number and title all tables and figures. Titles should be sufficiently detailed to allow the reader to understand it, even if it were separated from the rest of the report. Use Arabic numbers (e.g., 1, 2, 3) and refer to graphs as "figures" and abbreviate in the text as "Fig. 1." To the extent possible, tables and figures should be embedded within the text of the results, close to where they are first referenced.

Discussion:

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Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous people whose footsteps have marked this territory on which peoples of the world now gather.

End-of-course evaluations are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. You will be notified by e-mail when the evaluations are available. Please note that a minimum number of responses must be received for results to be available to students.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.